

# Knowing Me The Campaigner

“Let’s sell the dream!”



ME, MY TEAM, MY COMPANY

Worksheet



# How to use this worksheet with your team



## For Team Leaders planning a workshop:

1. Download and print the "Knowing Me" worksheets for your team.
2. Introduce the activity, explaining that the aim is to delve deeper into each person's work personality to promote understanding.
3. Ask each participant to reflect on their unique qualities.
4. Have everyone fill in the worksheet.
5. When everyone is done, facilitate a sharing session.

This is a fantastic opportunity to understand each other better and foster a more cohesive work environment.

## For individuals completing this worksheet:

1. Be yourself. You are adding your own colour to this canvas.
2. Reflect on your work personality.
3. Be unapologetic in crossing out the examples that do not resonate with you, and add your responses in the space provided.
4. Once done, be ready to share your insights with the team.

**Knowing Me: The Campaigner**

|  | These are examples are a starting point.<br>Cross out the ones that don't resonate with you.   | Make this worksheet all about you.<br>Add your own responses in the spaces below. |
|--|--|---|
| <b>My contributions to a team</b>                          | <ul style="list-style-type: none"> <li>• Bring energy and enthusiasm, motivating others.</li> <li>• Build strong relationships and networks.</li> <li>• Persuade and influence with enthusiasm.</li> </ul>   |   |
| <b>What I tend to overdo</b>                               | <ul style="list-style-type: none"> <li>• Dominate discussions, overshadowing quieter voices.</li> <li>• Jump between ideas without fully exploring one.</li> <li>• Focus too much on future possibilities, neglecting the present.</li> </ul>                          |   |
| <b>What I might overlook</b>                               | <ul style="list-style-type: none"> <li>• The importance of focusing on the here and now.</li> <li>• Quiet reflection and considering others' perspectives.</li> <li>• The need to ground ideas in reality and practical steps.</li> </ul>                              |   |
| <b>What I need to be at my best</b>                        | <ul style="list-style-type: none"> <li>• Opportunities for creativity and innovation.</li> <li>• A dynamic, varied work environment.</li> <li>• Freedom to express ideas and explore new avenues.</li> </ul>   |   |
| <b>What others do that can annoy me</b>                    | <ul style="list-style-type: none"> <li>• Assign repetitive, routine tasks.</li> <li>• Criticise without offering constructive solutions.</li> <li>• Limit interaction and networking opportunities.</li> </ul>   |   |
| <b>What I typically look like under stress or pressure</b> | <ul style="list-style-type: none"> <li>• Become scattered and overwhelmed by too many ideas.</li> <li>• Struggle to focus on immediate tasks and lose track of priorities.</li> <li>• Struggle to commit to finishing tasks.</li> </ul>                                |   |
| <b>How I tend to deal with conflict</b>                    | <ul style="list-style-type: none"> <li>• Approach conflict with an open mind, seeking solutions.</li> <li>• Focus on future outcomes rather than dwelling on the issue at hand.</li> <li>• Use persuasion and vision to steer others towards a common goal.</li> </ul> |   |
| <b>My communication style</b>                              | <ul style="list-style-type: none"> <li>• Energetic and enthusiastic.</li> <li>• Focus on big-picture ideas.</li> <li>• Persuasive and engaging, especially in group settings.</li> </ul>   |   |





# Knowing Me: The Campaigner



| Situations your personality shines through.                | How my personality typically shines through.<br>Cross out the ones that don't resonate with you.  | What you want others to know about your personality.<br>Reflect on these situations and add your insights below. |
|--|---|--|
| <b>My contributions to a team</b>                          | <ul style="list-style-type: none"><li>• I bring energy and enthusiasm, motivating others.</li><li>• I build strong relationships and networks.</li><li>• I persuade and influence with enthusiasm.</li></ul>  |  |
| <b>What I tend to overdo</b>                               | <ul style="list-style-type: none"><li>• I dominate discussions, overshadowing quieter voices.</li><li>• I jump between ideas without fully exploring one.</li><li>• I focus too much on future possibilities, neglecting the present.</li></ul>                   |  |
| <b>What I might overlook</b>                               | <ul style="list-style-type: none"><li>• The importance of focusing on the here and now.</li><li>• Quiet reflection and considering others' perspectives.</li><li>• The need to ground ideas in reality and practical steps.</li></ul>                             |  |
| <b>What I need to be at my best</b>                        | <ul style="list-style-type: none"><li>• Opportunities for creativity and innovation.</li><li>• A dynamic, varied work environment.</li><li>• Freedom to express ideas and explore new avenues.</li></ul>  |  |
| <b>What others do that can annoy me</b>                    | <ul style="list-style-type: none"><li>• Assign repetitive, routine tasks.</li><li>• Criticise without offering constructive solutions.</li><li>• Limit interaction and networking opportunities.</li></ul>  |  |
| <b>What I typically look like under stress or pressure</b> | <ul style="list-style-type: none"><li>• I become scattered and overwhelmed by too many ideas.</li><li>• I struggle to focus on immediate tasks and lose track of priorities.</li><li>• I struggle to commit to finishing tasks.</li></ul>                         |  |
| <b>How I tend to deal with conflict</b>                    | <ul style="list-style-type: none"><li>• I approach conflict with an open mind, seeking innovation.</li><li>• I focus on future outcomes rather than dwelling on the issue at hand.</li><li>• I use persuasion and vision to steer others to resolution.</li></ul> |  |
| <b>My communication style</b>                              | <ul style="list-style-type: none"><li>• I am energetic and enthusiastic.</li><li>• I focus on big-picture ideas.</li><li>• I am persuasive and engaging, especially in groups.</li></ul>  |  |